

# SIAF more than 4<sup>th</sup> Dan Test Syllabus

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|--------------------|--------------------------|
| 1. Tai no henko(1) | 8. Shitei waza           |
| 2. Shitei waza     | 9. Shumatsu dosa(1)      |
| 3. Shitei waza     | 10. Shumatsu dosa(2)     |
| 4. Shitei waza     | 11. Shitei jiyuwaza      |
| 5. Shitei waza     | 12. Shitei jiyuwaza      |
| 6. Shitei waza     | 13. Taninzudori jiyuwaza |
| 7. Shitei waza     |                          |
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<Shitei jiyuwaza>

Shomen uchi jiyuwaza / Katate mochi jiyuwaza / Yokomen uchi jiyuwaza / Ryote mochi jiyuwaza/  
Shomen tsuki jiyuwaza / Shomen Yokomen uchi jiyuwaza / Ushirowaza ryote mochi jiyuwaza /  
Tanto dori jiyuwaza

<Shitei waza>

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|---|---|
| 1. Yokomen uchi shihonage(1)(2)                   | 27. Ushiro ryote mochi sankajo osae(1)(2)           |
| 2. Shomen uchi shihonage                          | 28. Ushiro katate eri mochi sankajo osae (1)(2)     |
| 3. Hanmi handachi katate mochi<br>shihonage(1)(2) | 29. Ushiro ryohiji mochi sankajo osae(1)(2)         |
| 4. Hanmi handachi ryote mochi shihonage           | 30. Ushiro ryokata mochi sankajo osae (1)(2)        |
| 5. ※Katate mochi ikkajo osae(1)(2)                | 31. ※Yokomen uchi yonkajo osae(1)(2)                |
| 6. ※Ryote mochi ikkajo osae(1)(2)                 | 32. ※Katate mochi yonkajo osae(1)(2)                |
| 7. ※Hiji mochi ikkajo osae(1)(2)                  | 33. ※Ryote mochi yonkajo osae(1)(2)                 |
| 8. ※Kata mochi ikkajo osae(1)(2)                  | 34. ※Hiji mochi yonkajo osae(1)(2)                  |
| 9. ※Mune mochi ikkajo osae(1)(2)                  | 35. ※Kata mochi yonkajo osae(1)(2)                  |
| 10. Ushiro katate eri mochi ikkajo osae (1)(2)    | 36. ※Mune mochi yonkajo osae(1)(2)                  |
| 11. Ushiro ryohijimochi ikkajo osae(1)(2)         | 37. ※Ryote mochi sokumen iriminage (1)(2)           |
| 12. Ushiro ryokata mochi ikkajo osae(1)(2)        | 38. ※Hiji mochi sokumen iriminage(1)(2)             |
| 13. Ushiro eri mochi ikkajo osae(1)(2)            | 39. ※Kata mochi sokumen iriminage(1)(2)             |
| 14. ※Ryote mochi nikajo osae(1)(2)                | 40. ※Mune mochi sokumen iriminage (1)(2)            |
| 15. ※Katate ayamochi nikajo osae(1)(2)            | 41. ※Shomen uchi sokumen iriminage (1)(2)           |
| 16. ※Hiji mochi nikajo osae(1)(2)                 | 42. ※Yokomen uchi sokumen iriminage (1)(2)          |
| 17. ※Kata mochi nikajo osae(1)(2)                 | 43. Ushiro ryote mochi sokumen iriminage<br>(1)(2)  |
| 18. ※Mune mochi nikajo osae(1)(2)                 | 44. Ushiro ryohiji mochi sokumen<br>iriminage(1)(2) |
| 19. ※Shomen uchi nikajo osae(1)(2)                | 45. Ushiro ryokata mochi sokumen<br>iriminage(1)(2) |
| 20. ※Yokomen uchi nikajo osae(1)(2)               | 46. ※Yokomen uchi shomen iriminage (1)(2)           |
| 21. ※Yokomen uchi sankajo osae(1)(2)              | 47. ※Katate mochi shomen iriminage (1)(2)           |
| 22. ※Katate mochi sankajo osae(1)(2)              | 48. ※Ryote mochi shomen iriminage(1)(2)             |
| 23. ※Ryote mochi sankajo osae(1)(2)               | 49. ※Shomen uchi hijishime(1)(2)                    |
| 24. ※Hiji mochi sankajo osae(1)(2)                |   |
| 25. ※Kata mochi sankajo osae(1)(2)                |   |
| 26. ※Mune mochi sankajo osae(1)(2)                |   |

- 50. ※Katate mochi hijishime(1)(2)
- 51. ※Ryote mochi hijishime(1)(2)
- 52. ※Hiji mochi hijishime(1)(2)
- 53. ※Kata mochi hijishime(1)(2)
- 54. Ushiro ryote mochi hijishime(1)(2)
- 55. Ushiro eri mochi hijishime(1)(2)
- 56. ※Yokomen uchi hijiate kokyunage (1)(2)
- 57. ※Shomen tsuki hijiate kokyunage (1)(2)
- 58. ※Katate mochi hijiate kokyunage (1)(2)
- 59. ※Ryote mochi hijiate kokyunage(1)(2)
- 60. Ushiro ryote mochi hijiate kokyunage (1)(2)
- 61. ※Shomen uchi kotegaeshi(1)(2)
- 62. ※Shomen tsuki kotegaeshi(1)(2)
- 63. ※Katate mochi kotegaeshi(1)(2)
- 64. ※Ryote mochi kotegaeshi(1)(2)
- 65. Ushiro ryote mochi kotegaeshi(1)(2)
- 66. ※Ryote mochi tenchinage(1)(2)
- 67. Shomen uchi kokyunage
- 68. Yokomen uchi kokyunage
- 69. Katate mochi kokyunage
- 70. Ryote mochi kokyunage
- 71. Shomen tsuki kokyunage
- 72. Suwari waza ryote mochi kokyuho  
(1)(2)(3)(4)(5)

(※Includes suwari waza)