

SIAF 2nd -3rd Dan Test Syllabus

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| 1. Tai no henko(1) | 7. Shitei waza |
| 2. Shitei waza | 8. Shitei waza |
| 3. Shitei waza | 9. Shumatsu dosa(1) |
| 4. Shitei waza | 10. Shumatsu dosa(2) |
| 5. Shitei waza | 11. Shitei jiyuwaza |
| 6. Shitei waza | 12. Shitei jiyuwaza |
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<Shitei jiyuwaza>

Shomen uchi jiyuwaza / Katate mochi jiyuwaza / Yokomen uchi jiyuwaza / Ryote mochi jiyuwaza/ Shomen tsuki jiyuwaza / Shomen Yokomen uchi jiyuwaza/ Futaridori jiyuwaza

<Shitei waza>

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| 1. Yokomen uchi shihonage(1)(2) | 26. Ryote mochi yonkajo osae(1)(2) |
| 2. Hanmi handachi katate mochi shihonage(1)(2) | 27. Kata mochi yonkajo osae(1)(2) |
| 3. Hanmi handachi ryote mochi shihonage | 28. Mune mochi yonkajo osae(1)(2) |
| 4. Ryote mochi ikkajo osae(1)(2) | 29. ※Ryote mochi sokumen iriminage (1)(2) |
| 5. Hiji mochi ikkajo osae(1)(2) | 30. ※Kata mochi sokumen iriminage(1)(2) |
| 6. Kata mochi ikkajo osae(1)(2) | 31. ※Mune mochi sokumen iriminage (1)(2) |
| 7. Mune mochi ikkajo osae(1)(2) | 32. ※Shomen uchi sokumen iriminage (1)(2) |
| 8. Ushiro katate eri mochi ikkajo osae (1)(2) | 33. ※Yokomen uchi sokumen iriminage (1)(2) |
| 9. Ushiro ryohijimochi ikkajo osae(1)(2) | 34. Ushiro ryote mochi sokumen iriminage (1)(2) |
| 10. Ryote mochi nikajo osae(1)(2) | 35. ※Yokomen uchi shomen iriminage (1)(2) |
| 11. Katate ayamochi nikajo osae(1)(2) | 36. ※Katate mochi shomen iriminage (1)(2) |
| 12. Hiji mochi nikajo osae(1)(2) | 37. ※Ryote mochi shomen iriminage(1)(2) |
| 13. Kata mochi nikajo osae(1)(2) | 38. ※Shomen uchi hijishime(1)(2) |
| 14. Mune mochi nikajo osae(1)(2) | 39. ※Katate mochi hijishime(1)(2) |
| 15. Shomen uchi nikajo osae(1)(2) | 40. ※Ryote mochi hijishime(1)(2) |
| 16. Yokomen uchi nikajo osae(1)(2) | 41. ※Kata mochi hijishime(1)(2) |
| 17. Yokomen uchi sankajo osae(1)(2) | 42. Ushiro ryote mochi hijishime(1)(2) |
| 18. Katate mochi sankajo osae(1)(2) | 43. ※Yokomen uchi hijiate kokyunage (1)(2) |
| 19. Ryote mochi sankajo osae(1)(2) | 44. ※Shomen tsuki hijiate kokyunage (1)(2) |
| 20. Hiji mochi sankajo osae(1)(2) | |
| 21. Kata mochi sankajo osae(1)(2) | |
| 22. Ushiro ryote mochi sankajo osae(1)(2) | |
| 23. Ushiro katate eri mocha sankajo osae (1)(2) | |
| 24. Yokomen uchi yonkajo osae(1)(2) | |
| 25. Katate mochi yonkajo osae(1)(2) | |

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| 45. ※Katate mochi hijiate kokyunage
(1)(2) | 52. Yokomen uchi kokyunage |
| 46. ※Ryote mochi hijiate kokyunage(1)(2) | 53. Katate mochi kokyunage |
| 47. ※Shomen uchi kotegaeshi(1)(2) | 54. Shomen tsuki kokyunage |
| 48. ※Shomen tsuki kotegaeshi(1)(2) | 55. Suwari waza ryote mochi kokyuhō
(1)(2)(3)(4)(5) |
| 49. ※Katate mochi kotegaeshi(1)(2) | |
| 50. ※Ryote mochi tenchinage(1)(2) | |
| 51. Shomen uchi kokyunage | (※Includes suwari waza) |

***2nd Dan: Only tachi waza(not include suwari waza)**

***3rd Dan: includes suwari waza**